ISKR School Lunches March

Week 1	Monday 6th	Tuesday 7th	Wednesday 8th	Thursday 9th	Friday 10th
	Beef Lasagna Vegetable Lasagna Garlic Bread Mixed Salad	Chicken Pot Pie Vegetable & Potato Pot Pie Roast Potatoes Green Beans & Carrots	Beef Sausages in Marinara Sauce Cheese & Tomato Quesadilla with Guacamole Pasta Shapes Mixed Vegetables	Beef Korma Curry Chickpea & Lentil Curry Rice Peas & Carrots	Mixed Pizza Potato Wedges Watermelon Cubes Passion Fruit Cake
Week 2	**Monday 13th**	**Tuesday 14th**	**Wednesday 15th**	**Thursday 16th**	**Friday 17th**
	Beef Fried Steak with Onion Gravy Tempura Vegetables Mash Potato Mixed Vegetables	Chicken Fajita with tomato & Basil sauce Cheese & tomato Quesadilla Mexican Rice Guacamole & Salsa	Beef Bolognaise Vegetable Calzone Pasta Shapes Focaccia Bread Pineapple Skewers	Fish Fingers Tartar Sauce Potato Wedges Coleslaw Salad	Beef Burgers in Buns Lentil Burgers Couscous Salad Mixed Salad Carrot Cake
Week 3	**Monday 20th**	**Tuesday 21st**	**Wednesday 22nd**	**Thursday 23rd**	**Friday 24th**
	Chili Con Carne Bean & Cheese Taco with green Peppers Yellow Rice Guacamole & Tomato salsa Tortilla chips	Lemon & Herb Fish cakes Homemade Baked Beans Potato Wedges Yellow Banana's	Meatballs in Tomato & Basil Sauce Tomato & Basil Sauce Pasta Focaccia Bread Mixed Salad	Chicken Stir-fry Vegetable Spring Rolls Fried Rice Stir fry Vegetables	Selection of Sandwiches Sweet Potato Wedges, Carrot, Cucumber & Tomato Salad Zucchini Cake
Week 4	**Monday 27th**	**Tuesday 28th**	**Wednesday 29th**	**Thursday 30th**	**Friday 31st**
	Beef Kofta Pita Pockets Chickpea Falafel Potato Cubes Guacamole & Salsa	Beef Fried Steak with Onion Gravy Tempura Vegetables Mash Potato Mixed Vegetables	Mexican Chicken Lasagna Roast Pumpkin & Mozzarella risotto Rice Fruit Skewers	Beef Stroganoff Mushroom & Green Pepper Stroganoff Rice Mixed Vegetables	Meatball Sub Fried Falafel Balls Sub with Tzatziki Sweet Potato Wedges, Carrot, Cucumber & Tomato Salad Cookies

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