

School Lunches January 2018

Week 1	Monday 8th	Tuesday 9th	Wednesday 10th	Thursday 11th	Friday 12th
	Chili Con Carne Bean & Cheese Taco with green Peppers Yellow Rice Guacamole & Tomato salsa Tortilla chips	Beef Lasagna Vegetable Lasagna Garlic Bread Mixed Vegetables	Chicken Nuggets Vegetable Nuggets Potato Wedges Coleslaw Banana	Beef Korma Curry Chickpea & Lentil Curry Rice & Chappati Carrots & Green beans	Mixed Pizza Home Fries Carrot & Cucumber sticks Chocolate Brownie
Week 2	Monday 15th	Tuesday 16th	Wednesday 17th	Thursday 18th	Friday 19th
	Beef Fried Steak with Onion Gravy Tempura Vegetables Mash Potato Mixed Vegetables	Chicken Fajitas with tomato & Basil sauce Cheese & tomato Quesadilla Mexican Rice Guacamole & Salsa	Beef Bolognaise Vegetable Calzone Pasta Shapes Garlic Baguette Mixed Salad	Lemon & Herb Fish cakes Sweetcorn & Veg Potato Cakes Homemade Baked Beans Potato Wedges Fruit Skewers	Beef Burgers in Buns Lentil Burgers Couscous Salad Carrot & Cucumber Sticks Carrot Cake
Week 3	Monday 22nd	Tuesday 23rd	Wednesday 24th	Thursday 25th	Friday 26th
	Meatballs in Tomato & Basil Sauce Tomato & Basil Sauce Pasta Focaccia Bread Peas, carrots & Cauliflower	Fish Fingers Potato Wedges Mixed Salad Pineapple Wedges	Chicken Stir-fry Vegetable Spring Rolls Fried Rice Stir fry Vegetables	Beef Pot Pie Vegetable Pot Pie Sweet Potato Wedges Mixed Vegetables	Beef Kofta in Pita Pockets with Tzatziki Sauce Grilled Veg, cheese & Hummus Pita Home Fries Mixed Salad Cookies
Week 4	Monday 29th	Tuesday 30th	Wednesday 31st	Thursday 1st	Friday 2nd
	Beef Taco's Bean Taco's Potato Cubes Guacamole & Salsa Mixed Salad	Sweet & Sour Chicken Sweet & Sour Tempura Veg Rice Stir Fry Vegetables	Beef Sausages in Marinara Sauce Mushroom & Green pepper Marinara Sauce Pasta Garlic Bread Mixed Salad	Beef Stroganoff Vegetable Calzone Mixed Vegetables Sliced Watermelon	Meatball Sub Fried Falafel Balls Sub with Tzatziki Potato Wedges, Carrot, Cucumber & Tomato Salad Banana cake

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